

AWARD WINNING MOTIVATIONAL SPEAKER, AUTHOR & RESILIENCE NINJA

JAZ AMPAW-FARR



YOU ARE GENERATION C

What will the theme of your 2020/21 story be when you recount it ten years from today?

You get to choose whether the C in Gen C stands for the constraints that Covid placed on your life and work, or the *creativity* you nurtured, the *courage* you found and the *change* you embraced. Yes, it's been a journey fraught with challenges - and that complexity also resulted in growth.

You're not going 'back to normal' but you do have an opportunity to create a new way of being as individuals, teams and as an agile future-focused organisation. You are moving forward and committing to the ambitious resilience and courageous conversations that are required in a post-pandemic world.



Click the video above for a special message from me then:

1. Browse the themes on Page 3.
2. Choose between a keynote, toolkits, sprints, coaching or a combination.
3. Connect with my team on hello@jazampawfarr.com.

My best

LEADERSHIP

HUMAN-FIRST LEADERSHIP

Create, sustain and lead an invincible team of empowered, agile individuals.

OWNING YOUR LEADERSHIP VOICE

Unlock your hidden potential and create your own personal impact roadmap for inspiring change.

COMPELLING STORYTELLING

Engage and enrol audiences with insider secrets from the world of stand up comedy.

CHANGE

THE 3 Rs OF REINVENTION

Reframe limiting mindsets that hold you back with these three simple shifts.

THE POWER OF EVERYDAY HEROES

Ignite a sense of agency in every individual in your organisation with this follow on from my [TEDx Talk](#).

DITCH YOUR TO DO LIST

Future-proof yourself and your people with a more intentional way of being that increases productivity.

RESILIENCE

BALANCING LIFE & WORK IN THE DIGITAL AGE

Tackle overwhelm head on and reduce the frustration that impacts productivity at home and work.

EMBEDDING AMBITIOUS RESILIENCE

Raise your game and your employee engagement by motivating inner agency and strength.

BEING 10% BRAVER

Aim higher than simply surviving and thriving with a focus on reframing and driving change.

BELONGING

IMPOSTER SYNDROME

Turn the volume down on imposter syndrome and stand on the truth about yourself.

COURAGEOUS CONVERSATIONS

Take small steps to bring about big changes around diversity and inclusion.

UNPICKING UNCONSCIOUS BIAS

Swap fear for curiosity with a non-judgemental exploration of moving from tolerance to celebration.

THEMES

KEYNOTES

Mindset-shifting, show-stopping and impactful keynotes that galvanise your people to think deeper, feel more connected and take action.

PERFECT IF YOU WANT TO:

- Book a keynote people are still talking about a year later.
- Light a fire in (not under!) your people at every level.
- Empower and motivate your people to drive change.



Caitlin Moran
@caitlinmoran

Jaz is my new favourite thing - when she talks about how to change your life, it's like standing in a champagne rainstorm of good vibes. I think you will love her.



Soy Demi Close
@Soycemiclose327

Thank you so much for your raw and honest speech; I laughed, I nearly cried and I had goosebumps. You have such an incredible energy and you're so inspiring, I'm grateful to have been part of the audience today during your talk. @jazampawfarr ❤️



Charlotte Borger @basl... · 16h ·
Fantastic talk from @jazampawfarr (wow would love to be able to speak to an audience like that) - funny, shocking, inspiring - actually just very encouraging #braveleaders @TheMarketingSoc

'CAPTIVATING'

'EMPOWERING'

'CHALLENGING'

'HILARIOUS'



IN PERSON

FULL FAT JAZ

Up to 8 hours

£19k - £35k

Jaz offers bespoke days and can design, lead/host your **in-person** event on any themes from [Page 3](#) using any combination of keynote, hosting, and/or breakout sessions.

JAZ MAGIC

Up to 90 mins

£16k - £21k

An unforgettable **in-person** keynote from Jaz designed using any theme from [Page 3](#). This can include time for time for Q&A if desired.



NOTES

All keynotes include:

- A short taster video for marketing or post keynote encouragement.
- Access to your recording with options to extend or embed on your own platform.
- Online personal development resources for each attendee.

UK pricing excludes VAT, accommodation and travel expenses. To reserve your date, please email Abbie on hello@jazampawfarr.com.

ONLINE

VIRTUAL JAZ

Up to 90 mins

£9k - £15k

Impact every individual in your organisation with an interactive and engaging **virtual keynote** live from Jaz's pandemic-proof and professional home studio or pre-recorded to your bespoke needs.

PRE-RECORDED JAZ

Up to 60 mins

£8k

Choose your theme from [Page 3](#) and get access to a pre-recorded keynote that will make your audience laugh, cry and leave on a high.

WHY WORK WITH JAZ?

Jaz is a world class re-framer. She has a unique ability to help others reframe their stories and situations, bringing transformation in their work, life and communities. This is Jaz's alchemy.

Jaz is highly recognised for the impact she's had on the education and health sectors, galvanising and inspiring those around her. She has led national and international projects unlocking potential in leaders and teams and is now highly sought after by business leaders, corporations and governments wanting the same results.

As a speaker, Jaz has a disarming ability to captivate her audience and share her story with humour and humility and without anger or bitterness. She invites people into a more authentic narrative around choice and agency, leaving individuals and organisations reporting an increase in determination and productivity.

Jaz's ability to reframe means she sees the world in a unique way, which challenges and ignites those around her, lifting them out of what she calls 'mindset poverty' into previously unachievable outcomes.

"Jaz is the British Oprah!"

CASEY, US ENTREPRENEUR

"Jaz has a unique ability to make you believe you can do the possible!"

SUE, UK CEO

"Mummy knows lots of stuff. So does Daddy. Mummy probably knows a bit more."

TRINITY, INCREDIBLY ASTUTE 5 YEAR OLD



**YOUR
WORK
CHANGES
LIVES**

LET'S GET CRACKING!

Ready to move forward? Great! Simply click this link to email Abbie on hello@jazampawfarr.com and secure your booking.

Have questions? Great, we love those! Please do get in touch. Abbie is my diary queen and can set up a time for us to chat.

Got a crazy idea for how we can work together to kick start a human revolution in your industry? I'm so in! Use the email above and let's chat.

My best

